

xCross Country



(L to R): Coach Koppleberger, *Jaden Gavenda*, *Nathan Denman*, *Ryan Brzak*, *Weston Smith*, *Matthew Mulholland*, and Coach Denman.



All most there *Weston Smith* pushes through the pain because he is almost to the finish line.



I got this *Ryan Brzak* always has the mind set of winning which is why he is so good at cross country.



Long Stride *Nathan Denman* uses his long stride to pass his opponents.